**Coach: Edmond Khoo**

*Coachee S/No.: 602*

*Period of Coaching: Mar 2020 to Sep 2020*

*Number of Sessions: 7*

*Number of Hours: 12*

*Average Duration per Session: 1 Hour 43 Minutes*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

Edmond put me on a deliberate path of self-discovery that I could never have been able to embark on by myself. Through the sessions I had with him, he enabled me to see myself, the situations I find myself in, and people around me, through different perspectives. What I once thought were personal weaknesses, Edmond showed me how to see them as strengths to leverage in difficult situations, and use them to help others around me, at work and at home. A patient listener, he shared generously from his own rich experiences, spotlighting the lessons he learnt, teaching me what it means to be human and empathetic, but also smart, in dealing with difficult circumstances.

My coaching period came at a time when I was challenged on multiple fronts at work, including a new role, a new supervisor and managing a significant focus change for the team. Edmond taught me to focus on values and goals that are important to me, and leverage the strengths that I already had, and through that, I have even found new meaning in the work that I do. For this, I am immensely grateful.

I would certainly recommend Edmond to others; especially those who may be transitioning to a higher or different role, and those who may be going through difficult change management for their team.